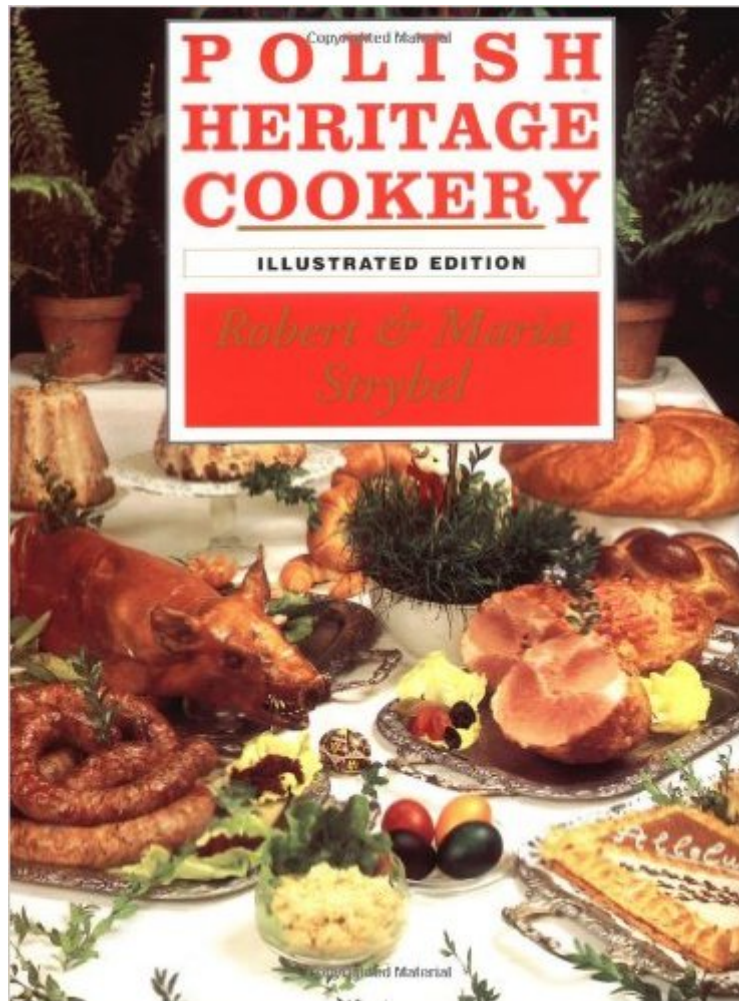


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# Polish Heritage Cookery: A Hippocrene Original Cookbook



## Synopsis

With over 2,200 recipes in 29 categories, "Polish Heritage Cookery" is the most extensive and varied Polish cookbook ever published. This illustrated edition of the bestseller includes 20 color photographs. "A encyclopedia of Polish cookery and a wonderful thing to have!"--Julia Child, "Good Morning America".

## Book Information

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## Customer Reviews

Having been raised a third-generation Polish-American in Western Massachusetts (where else!), I can honestly say that this book captures the divine essence of what great Polish cooking should be. Almost everyone has tasted, or at least has heard of kielbasa, that typical sausage flavored with a lot of garlic, golabki, or stuffed cabbage, and pierogi. It is custom for most of these dishes to be served with a hearty slice or two of rye or pumpernickel and boiled potatoes, as well as a shot of good vodka. These dishes are just a tiny fraction of what should be thought of as traditional Polish fare. When I first came across this book years ago, I was so impressed to find such an extensive recipe collection printed in the English language. To this day, Polish cuisine is highly underrated to quite the extent that both fine French and Italian cuisine were at one point. It was once perceived, almost intentionally, that French and Italian chefs here in the States always cooked the same things both at home as well as in the restaurants. It is through these influences that we culminated so many of the classic dishes we all know and love today. Now there is a huge array of recipes and cookbooks out there for those who wish to explore the specific regions that make these dishes we all have come to relish. The same can be said about Polish cuisine, which is typically represented by the few dishes that has made it popular. Even today, few cookbooks talking about Polish food

can be held in such high regard as this one. Those unaccustomed to this vast art form can find recipes ranging from the typical to the atypical. There are plenty of recipes for golabki, pierogi and paczki, those jam-filled doughnuts associated with Lent.

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